

Hawaii MARINE SPORTS

HAWAII MARINE C SECTION

SEPTEMBER 30, 2005



Carlos Coker (right), Bandits wide receiver, looks at the ball in astonishment as Bulldogs cornerback, Bronson, intercepts a pass with just over two minutes left in the game. Too late to make any big difference in the final score, an interception like this earlier in the game could have saved a touchdown from being scored and could have possibly shifted the balance of the game. But in this case — too little, too late.

Bandits steal another win

MAG-24 is 2–0 after stopping Hubbert and the 1/12 Bulldogs

Sgt. Joseph A. Lee
Sports Editor

The Bandits of Marine Aircraft Group 24 faced and defeated the 1/12 Bulldogs, 16–2, Monday night in intramural tackle football action at Pop Warner Field.

From the very start, number 20 was an obvious asset on the field for the Bulldogs. Melvin Hubbert, last week's Hawaii Marine MVP, cut the MAG-24 defense to shreds throughout

Monday night's game. Fortunately for the Bandits, 1/12 couldn't once finish their work in the red zone.

On their first drive, 1/12 was stopped by MAG on the four-yard line, and on their second play, fumbled the ball into their own end zone to give 1/12 the first points of the game on a safety. At this point it would become clear — this was to be a defensive ball game.

The resulting drive for 1/12 didn't make much progress, and they had to punt it away

on a three and out. The Bandits had hardly a better drive, as they too had to punt it away after three unsuccessful attempts at a first down. The Bandits punt was a clean one, and put 1/12 on their own five-yard line this time. On the second play, karma struck and MAG came out with a safety to tie the game, 2–2.

After receiving the kick from 1/12, MAG put their running game to the test, but was only able to get a single first down from a couple Eric Delgadillo and Victor Curly runs. Forced to punt, the Bandits once again pinned the Bulldogs behind their own five, where they would begin one of the longest drives of the game.

Hubbert sliced and diced his way to a first down, and after a third down MAG personal foul, the Bulldogs received one more first

down. Hubbert broke free for eight yards, then 10 more as he broke tackle after tackle. Finally, faced with fourth down and four seconds on the clock before the end of the half, 1/12 attempted a 35-yard field goal that fell short, and the game stayed tied, 2–2.

"They only have one player and two plays," said Bandits head coach, Jaime Willis to his players at the half. "Number twenty off-tackle left and number twenty off-tackle right. He's their only player, but nonetheless he's beating you! You're the ones making him look like he's everything they write about in the paper, so in the second half, if I put you in the game, it's because I think you can help us win — and you better make sure you do."

See MAG-24, C-4

K-Bay, Windward teams get 'In-Line' to face New Hope

Sgt. Joseph A. Lee
Sports Editor

Two local divisions that call the In-Line Skate Park at Marine Corps Base Hawaii, Kaneohe Bay, home, faced off this weekend for week two of the Oahu Inline Hockey League's fall season.

Visitors K-Bay and Windward challenged the home team, New Hope, in every one of the five differ-

ent age divisions: Midgets, Squirts, Bantams, Mites and Pee wee.

In the Midgets division, forward Lorrin Larson scored three of Windward's nine goals in their 9–1 victory over the New Hope Flyers. Only 41 seconds into the first half, Larson struck with Windward's first goal, assisted by Spencer Bowman. Two minutes later, John Whitty scored an unassisted goal, and soon after that was another unassisted

attack by Larson.

On top 3–0 halfway through the first half, Windward was controlling the flow of the game and it wasn't long until defender Keola Chang and Whitty assisted Jeff Kelly with the fourth goal for Windward.

"We had control of the game from pretty early on, and I told the players that they should work the puck

See IN-LINE, C-6



Aleks Stroud (left), takes a shot at New Hope goaltender Kailee Luke, Saturday, during the Squirts division game. Luke held her ground against several shots in the game, many of which were from Stroud, to keep the K-Bay Hammerheads at bay.



Kylie Kaiahua (top), of the K-Bay Hammerheads, stretches in the attempt to block a shot from New Hope player Nicolas Lee, late in the Squirts division game, when the K-Bay goalie had been pulled. Lee had two goals and one assist in the game.

HSL-37 to host Splash & Dash race

Ed Hanlon V
Marine Corps Community Services Marketing

An amphibious assault is coming to Kaneohe Bay.

As they are trained to do, the Marines and Sailors aboard MCB Hawaii will be hitting the surf and the turf around the Marine Corps Air Facility. This is not a training exercise. This is for real. It is the HSL-37 “Easy Riders” second annual Splash & Dash Biathlon.

The Oct. 22 biathlon, scheduled to start and finish at Hangar 103 aboard Marine Corps Base Hawaii, K-Bay, consists of a 500-meter swim followed by a five-kilometer run.

“The HSL-37 biathlon is the only one of its kind in the Commanding General’s Semper Fit Series,” stated Stacy Barkdull, a Kansas City, Mo. native and MCCS Varsity Sports coordinator at Kaneohe Bay.

“It brings the community onto the base for an experience they may never get anywhere else.”

The race begins at 7 a.m. with the swim. “Although it’s an open-water swim, it’s in a fairly calm, smooth and protected bay,”



declared Barkdull, “It’s perfect for beginning or advanced biathletes.”

The best thing about HSL’s biathlon is that participants don’t need all of the equipment required for a triathlon. After the swim, they can grab their running shoes and head around the flight line for the five-kilometer foot race.

“Running by the flight line will enhance the race by giving participants more of a military feel to their run,” she invited. “The scenery is beautiful, and they get a chance to run on an active taxiway and see military aircraft.”

The entry fee for the event is \$15 and includes a race T-shirt. There is a \$3 late fee per runner after Oct. 17, so register now at the Semper Fit Center, Building 3037. Participants can also register on race day, but are not guaranteed the race T-shirt. All checks presented for the race must include a Social Security number.

“A large majority of the profits from this race will go to the HSL-37 party fund,” stated Barkdull. “It’s a fun and easy way to raise money for the unit.”

Awards will be presented to the top three overall finishers, both men and women, as well as the top biathlete in the following age categories: 19 and younger, 20 to 24, 25 to 29,

30 to 34, 35 to 39, 40 to 44, 45 to 49, 50 to 54, 55 to 59, 60 and older.

To register or for the HSL-37 Splash & Dash, call MCCS Athletics at 254-7591. For more details, or to print your registration form from the MCCS Web site, www.mccshawaii.com.



Lance Cpl. Bernadette L. Ainsworth
Contestants of last year’s Splash & Dash Biathlon swim around the buoys in the 500-meter swim course before taking off on a 5K run. The course started at Hangar 105, turned right toward the flight line and then back to Hangar 101.

BASE SPORTS

Ongoing

Football Hits K-Bay — Intramural Tackle Football Season has kicked off! Games begin at 6 p.m. at Kaneohe Bay’s Pop Warner Field and will run throughout the season on Mondays, Wednesdays and Thursdays.

If you’re not playing, make a pass by the field and support your unit’s team. Game-day concessions are always available.

For details, call 254-7591.

Commander’s Cup Bowling League — The Commander’s Cup Bowling League has kicked off, but it is still not too late to get your team registered. The league runs Mondays at 6 p.m. until Jan. 9 at K-Bay Lanes. The weekly cost is \$8, and a one-time sanction fee of \$16 for men and \$15 for women applies.

For more information, call 254-7693.

Parents for Fitness — This cooperative babysitting effort is available at the Semper Fit Center for children 6 weeks and older.

All active duty service members and their families may participate.

For more information, call 291-9131.

Okinawa Kenpo Karate — Every Tuesday and Thursday, join MCCS Youth Activities’ contractor for Kenpo Karate Kobudo classes, held from 6 to 7:30 p.m. in Building 1391, located behind the old 7-Day Store.

Adults and children are welcome. Costs for classes are \$35 for adults, \$25 for children, and \$20 for addi-

tional family members.

For information, call MCCS Youth Activities at 254-7610.

Massage Therapy — Massage therapy, by certified massage therapists, is available at Kaneohe Bay and Camp Smith.

Massage therapy will help relieve your mental and physical fatigue and improve overall circulation and body tone.

Choose from Shiatsu, Swedish, Lomi, deep-tissue and even hot-rock therapy.

For appointments, call the K-Bay Semper Fit Center at 254-7597 or Camp Smith at 477-5197 during regular business hours, Monday through Friday.



Fishing Charters Available at MCB Hawaii — Spend the day aboard one of Bill Collector’s fishing charter boats.

For more information, stop by the Base Marina located in Building 1698, across from Hangar 101, or call 254-7666/7667.

Inexpensive, Fun Entertainment — Look no further for economical entertainment Mondays through Thursdays at the K-Bay Lanes where all E-1 to E-5 can receive free rental shoes and discounted games at only \$1.50.

For more information, call K-Bay Lanes at 254-7693.

Color Pin Special — Every Wednesday, when you roll a strike and a colored pin is in the headpin position, you can win up to three free games of bowling. All patrons are welcome to take advantage of this deal. If you make the play, you win!

For more information, call the K-Bay Lanes at 254-7693.

Personal Trainers Available at Semper Fit — For those looking to get into a tailored exercise regimen, or for those just looking for some good advice on weight management and weight control, the Semper Fit Center offers free personal training consultation.

You can schedule an appointment with a trainer who will take body-fat measurements, blood-pressure and heart-rate readings.

They will do all this and tailor a program, based on your physical needs and ambitions. For only \$5 per workout, a professional trainer

will actually work with you to ensure maximum efficiency.

Pick up a personal training appointment card at the Semper Fit Center now, or call 254-7597.

Campground and Picnic Sites — For picnic and campsites, Marine Corps Base Hawaii offers some of the most scenic beaches on the island. Three of those beaches, Pyramid Rock, Hale Koa and Fort Hase, are available by reservation from dawn to dusk for picnics and parties. Hale Koa Beach may be reserved for overnight camping.

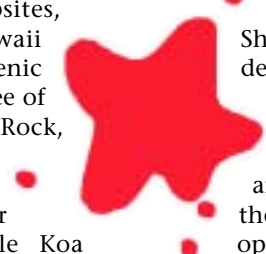
Reservations are required, call

254-7666 for Kaneohe or 477-5143 for Camp Smith.

Paintball Hawaii — Nestled behind the Lemon Lot, by the intersection of Harris Road and Mokapu Road, stands Paintball Hawaii. Shoot over for the great deals and have a blast with your friends.

Cost is \$25 per person and includes one air refill, equipment and the field fee. The field is open on weekends from 9 a.m. to 5 p.m.

Call 265-4283 for Friday appointments.



Semper Fit Group Exercise October

Monday 8:45 – 10 a.m. — Step 2 It 11:45 a.m. – 12:15 p.m. — Gut Cut 4:45 – 5:45 p.m. — Cycling (\$3/\$1 active duty) 6:45 – 7:45 p.m. — Pilates 10 – 11 p.m. — Aikido (\$35 per month)	Thursday 6 – 7 a.m. — Cycling (\$3/Free to active duty) 8:45 – 10 a.m. — Muscle Conditioning 4 – 5 p.m. — Piyo 5 – 6 p.m. — Cardio-Kick 6 – 7 p.m. — Step
Tuesday 6 – 7 a.m. — Cycling (\$3/Free to active duty) 8:45 – 10 a.m. — Muscle Conditioning 4 – 5 p.m. — Piyo 5 – 6 p.m. — Cardio-Kick 6 – 7 p.m. — Step	Friday 6 – 7 a.m. — Strength & Stretch 8:45 – 10 a.m. — Step/Kick 11:45 a.m. – 12:15 p.m. — Gut Cut 4:45 – 5:45 p.m. — Cycling (\$3/Free to active duty) 5:45 – 6:45 p.m. — Pilates 7 – 9 p.m. — Aikido (\$35 per month)
Wednesday 6 – 7 a.m. — Circuit Training 8:45 – 10 a.m. — Step Challenge 11:45 a.m. – 12:15 p.m. — Gut Cut 4:45 – 5:45 p.m. — Cycling (\$3/\$1 active duty) 6:45 – 7:45 p.m. — Pilates 10 – 11 p.m. — Aikido (\$35 per month)	Saturday 8:45 – 10 a.m. — Step or Spin 10 – 11 a.m. — Water Aerobics (Base Pool)

Note: A book of 10 single-class coupons for \$2 each can be purchased for \$15 at the Semper Fit Center.

COMMUNITY SPORTS

Sunday Polo at Waimanalo

Gates open at 1 p.m., Sunday, with games kicking off at 2:30 p.m. for Social Cup play of the Honolulu Polo Club’s 2005 season at the polo fields across from Bellows Air Force Station.

Cost is \$3, children 12 and younger are free. Event-goers with a military ID enter for free, as honored guests. The ponies will be available for children to visit after the matches.

For more information about the Honolulu Polo Club or upcoming matches, visit www.honoluluupolo.com.

State Offers Outdoor Education

The Hawaii Department of Land and Natural Resources is offering education classes to the public. Subjects covered include firearms and archery safety; survival and first aid; wildlife identification; and conservation, regulations, game care and outdoor responsibility.

Attendance at two sessions is required for certification. Classes are open to anyone 10 and older who enjoy the outdoors and are ideal for hunters, campers, hikers, and other outdoor enthusiasts.

The next two-day session is Friday from 5:45 to 10 p.m. and Oct. 8 from 7:45 a.m. to 4 p.m. in Classroom A-212A at the Nimitz Business Center, 1130 North Nimitz Hwy. Drive up the ramp to the classroom, which is the first room on the right. A picture ID is required for entry to the sessions.

For more information about outdoor education, or to sign up for this course, call 587-0200 or visit www.hawaii.gov/dlnr/welcome.html.

Susan G. Komen Race for the Cure

The mission of the Susan G. Komen Breast Cancer Foundation Hawaii Affiliate is to eradicate breast cancer as a life-threatening disease by advancing education, screening, and treatment.

The 11th Annual Komen Hawaii Race for the Cure will take place Oct. 23 at 7 a.m. at Kapiolani Park and will consist of a five-kilometer run or a one-mile run/walk.

Participants can run or walk, individually or as part of a team. Team registration forms must be mailed in together. Individual entry fees, if postmarked by Oct. 15, are \$30 for untimed entries and \$35 for timed entries.

All participants will receive an official Komen Hawaii Race for the Cure T-shirt.

Sleep-in entry fees are \$25 for those not participating in the run/walk events, but will receive a race T-shirt and pillow case.

More than 500 breast-cancer survivors are expected to attend. There will be a survivor recognition ceremony prior to the race.

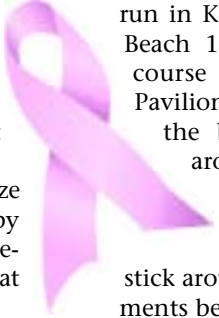
Breast-cancer survivors who wish to be recognized may pick up their complimentary pink cap and pink T-shirt at packet pickup.

All participants are invited to recognize special people who have been touched by breast cancer. “In memory of” or “in celebration of” back signs will be available at packet pickup and on race day.

A tribute wall will be available next to the survivor’s tent for you to post a picture and record a message to remember those who have lost their battle with breast cancer, or to honor those who continue to fight.

Up to 75 percent of the net proceeds from the race will go to fund local area breast-cancer education, screening and treatment programs and at least 25 percent will help fund the Susan G. Komen Breast Cancer Foundation National Grant Program.

For more information call 754-1817, e-mail race@komenhawaii.org or visit www.komenhawaii.org/race.htm.



Haleiwa Triathlon

The Bikefactory will host the 6th Annual Haleiwa Triathlon, Oct. 30.

Athletes will race their way around the North Shore town by participating in a 400-yard swim inside Puena Point, a 12-mile bike ride around Haleiwa and a three-mile run, racing one mile on the beach.

Racers can enter the elite division, age group

divisions or military division. Relay teams of men, women, or mixed groups will also be allowed to enter.

Entry fees are \$70 for individuals or \$105 per team. Participants will receive a long-sleeve T-shirt. Entries must be postmarked by Oct. 15. Entry forms are available at the Bikefactory or online at www.hawaii.swim.com. Participants can also register online at www.active.com.

Kailua Beach 10K Run

Boca Hawaii will sponsor an early-morning run in Kailua, Nov. 6 at 6:30 a.m. The Kailua Beach 10K Run is a measured 10-kilometer course that starts at Kailua Beach Park Pavilion parking lot and goes to Lanikai on the bike path. Runners continue twice around the Lanikai Loop, returning to the Kailua Beach Pavilion to finish line. Random prizes to be drawn after the race, so runner should stick around and enjoy some post-race refreshments before heading off to the beach.

Entry fee is \$20 by Oct. 27. Participants can get an entry form online at www.bocahawaii.com or register at active.com.

Bellows Offers Adventure Programs

Whether you are spending a few weeks or just visiting for the day, check out any of the following weekly Bellows Outdoor Adventures programs on their Web site: www.bellowsafs.com.

For information, call the Turtle Cove office at 259-4112 from 8 a.m. to 8 p.m.

•*Saturdays at 8 a.m., Morning Paddle*: Take the guided kayak tour to the Mokulua Islands, which offers the opportunity to see birds up close in their natural habitat. Cost is \$14. Advanced skill level is required.

•*Sundays at 8:30 a.m., History Tours by Bike*: Ride mountain bikes for an extensive seven-mile, three-hour, guided tour of Bellows Air Force Station. Wear closed-toe shoes. Cost is \$15 for bike and helmet rental.

•*Mondays at 8:30 a.m., Hike to Makapuu*: Take a moderate 2 1/2-mile round-trip hike to the

Makapuu Lighthouse. Hikers will be rewarded with awesome views of Koko Crater, Diamond Head and Waimanalo Bay. Wear closed-toe shoes. Cost is \$8 for adults and \$5 for children 12 and younger.

•*Wednesdays and Fridays at 8:30 a.m., Snorkeling Tour*: Discover the magnificent underwater world of the ocean at a nearby undisturbed reef. Transportation, instruction and snorkeling equipment are included. Cost is \$15 for adults and \$8 for children 12 and younger.

•*Wednesdays and Thursdays at 1 p.m., Kayaking Lessons*: Master ocean-kayaking skills, including water safety and efficient paddling techniques in this two-hour class. The class is free with a day kayak rental.

•*Thursdays at 9 a.m., Beach 101*: See fascinating natural phenomena as you wade across seaweed-covered reef flats and rock tide pools.

This is an educational experience for the whole family. Be sure to wear comfortable footwear, a hat, swimsuit, sunscreen, and bring water. Cost is \$8 for adults and \$5 for children 12 and younger.

•*Thursdays at 8 a.m., Free Aloha Breakfast in the Recreation Center Lanai*: Find out about all the exciting programs and specials happening at Bellows. Enjoy a free continental breakfast and sign up to win door prizes.

•*Fridays at 1 p.m., Bodyboarding Lessons*: Learn how to catch and ride the waves. Free day rental of boogie board is included in the \$5 fee.

Miniature Golf: One of the miniature golf courses on the island is the Bellows Mini-Golf Course. It is lighted and open for night play.

For more information, log on to www.bellowsafs.com.

Driving Range: Next to our mini-golf course is a driving range. Clubs and buckets of golf balls are available for rent.

Hawaii Marine Accepts Briefs

To post sports and recreational briefs in the Hawaii Marine, e-mail requests to editor@hawaiimarine.com or call 257-8835.



The Bottom Line

(Editor’s Note: “The Bottom Line” is the Hawaii Marine’s weekly sports commentary from two sports aficionados who rarely see eye-to-eye when it comes to America’s one true obsession — sports. Chances are you’ll either agree with one of their takes or disagree with both. The Hawaii Marine welcomes your e-mails of no more than 250 words. We will print the top comment of the week from our readers. Send “Readers Strike Back” comments to editor@hawaiimarine.com. Remember, “If you don’t speak up, you won’t be heard.”)

Should Wie go pro?

Kristin Herrick

The Cheese

*They headed down to, ooh, old El Paso
That’s where they ran into a great big hassle
Billy Joe shot a man while robbing his castle
Bobbie Sue took the money and run*

*Go on take the money and run
Go on take the money and run
Go on take the money and run
Go on take the money and run*

— **Take the Money and Run,**
Steve Miller

This isn’t a Bottom Line about Billy Joe and Bobbie Sue, I doubt they ever played a single round of golf. And while Michelle Wie has never shot a man while robbing his castle, she has shot some birdies at the world’s best putting greens.

Michelle Wie, like other youngsters before her, has a tough decision to make. I take that back — her father has a tough decision to make.

At the age of 15 and 354/365ths, Wie is following in the footsteps of Freddy Adu and LeBron James — not to mention snowboarder Luke Mitrani, who, at the age of 13, scored a contract with Mountain Dew.

Pepsi might not be knocking on Wie’s door quite yet, but Nike sure is, with a few million bucks in endorsement deals.

I can’t think of a single reason why Wie shouldn’t go pro. What does she have to lose? A few years of the college experience? Who needs to make friends in school when you can just pay people to do that duty when you get that first oversized check from the LPGA tour?

With the marvels of modern science, Michelle Wie could be playing pro golf longer than 65-year-old Jack Nicklaus. She’ll still have a good 20 to 30 to go to college, if she so desires. But why? Isn’t the point of college to get a better, higher paying job? I don’t think Wie is going to have problems with creditors calling, Nike will make sure of that.

Seriously though, college will always be

See CHEESE, C-5

Sgt. Joseph A. Lee

The Sergeant

According to ESPN, Michelle Wie may be looking at an \$8 to \$10 million offer to go pro before her 16th birthday. If you ask me, “Wie” need to go ahead and keep our feet on the ground. Though, I have to say, if I was 10 years younger, I’d be singing, “‘Wie’ Are The Champions” all the way to the bank. As an adult, looking at the situation from the perspective it should be looked at, 16 years old is entirely too young to accept a professional sports contract (OK, I promise I’ll try to refrain from the “Wie” puns throughout the rest of this piece).

Unlike entertainment artists who may be offered contracts at unbelievably young ages, someone with that much skill at a sport will have a full scholarship waiting for them at the college of their choice. If she’s that good, her talent won’t fade over four years. She should look at the examples of those who came before her. Of course, I’m talking about Tiger Woods. I’m sure

Tiger had many opportunities before and during college, but I’ll bet if you asked him, you couldn’t pay Tiger enough for his degree from Stanford University.

I’m pretty sure golf is one of those sports you only get better at. It’s not like she’s going to pull a hamstring or anything in college. Maybe in a contact sport Wie might worry about injury — but golf?

If we were talking about 50 cents, and whether she should stay on the street with a gun in a gang at 16, or accept a multi-million dollar entertainment contract, I would go ahead and say, “show me the money.” But we’re talking about throwing away a paid scholarship to college — something Wie may only see once in her life.

There’s a huge difference between golf and the NBA. But there’s a dispute going on in the NBA right now on the same subject — the minimum age possibly being raised from 18 to 20.

Of course, you’ve got Indiana Pacers star and Detroit brawler Jermaine O’Neal claim-

See SARGE, C-5

Cheese (2–1)

Houston @ Cincinnati
Indianapolis @ Tennessee
Seattle @ Washington
Detroit @ Tampa Bay
Denver @ Jacksonville
San Diego @ New England
Buffalo @ New Orleans
St. Louis @ NY Giants
NY Jets @ Baltimore
Minnesota @ Atlanta
Philadelphia @ Kansas City
Dallas @ Oakland
San Francisco @ Arizona
Green Bay @ Carolina

With quite a few evenly-matched games in week four, scores will be close and teams will be tested. Even so, The Cheese’s picks are as good as gold (green and gold that is). Monday night total score: **24**

Week Four Picks

To play, clearly circle the teams you think are going to win. Drop your picks off in the *Hawaii Marine* office, Building 216, Room 19 by 4 p.m. today, or with the Building 216 duty by Saturday at midnight. The person who has the most correct picks will get to boast in the *Hawaii Marine* and fill us all in on the following week’s predictions. The closest to the total score for Monday Night’s game, without going over, will determine the winner in the event of a tie.

Houston @ Cincinnati
Indianapolis @ Tennessee
Seattle @ Washington
Detroit @ Tampa Bay
Denver @ Jacksonville
San Diego @ New England
Buffalo @ New Orleans

St. Louis @ NY Giants
NY Jets @ Baltimore
Minnesota @ Atlanta
Philadelphia @ Kansas City
Dallas @ Oakland
San Francisco @ Arizona
Green Bay @ Carolina

Monday Night Tiebreaker (Green Bay @ Carolina): _____ points.

Name: _____ Phone: _____

Sarge (1–2)

Houston @ Cincinnati
Indianapolis @ Tennessee
Seattle @ Washington
Detroit @ Tampa Bay
Denver @ Jacksonville
San Diego @ New England
Buffalo @ New Orleans
St. Louis @ NY Giants
NY Jets @ Baltimore
Minnesota @ Atlanta
Philadelphia @ Kansas City
Dallas @ Oakland
San Francisco @ Arizona
Green Bay @ Carolina

The Sergeant is going fairly conservative this weekend with his picks, as I don’t think there will be too many huge surprises in week four. After losing to The Cheese, I have to make some sort of comeback. Monday night total score: **37**

Weekly Picks:

Editor’s Note: New to the Bottom Line this fall are the weekly Reader’s Picks.

For those of you who are a slave to the television Sundays and Mondays throughout the football season, or even for some of you who pay casual attention to the National Football League season, this is your chance to get your 15 minutes of fame.

Every week, the person who submits the most correctly predicted picks will have their moment to gloat in the *Hawaii Marine*, along with your mug shot and your predictions for the following week’s games.

Simply cut out the “Weekly Picks” box above, and circle the teams you think will win in each of the matchups for the week. Drop your picks off at Building 216, Room 19 on Friday, or with the duty on Saturday.

Should there be a tie, a winner will be determined by who guessed closest to the total score of Monday night’s game, without going over.

If you win, your picture will be displayed in the *Hawaii Marine*. Good Luck!



Sgt. Joseph A. Lee
Carlos Coker (right), wide receiver for MAG-24, catches a touchdown pass along the sidelines as the 1/12 cornerback falls down on the play. It wouldn't happen twice, as the same route repeated late in the game resulted in an interception (pictured on C-1).

MAG-24, From C-1

From the other side of the field, 1/12 head coach Charles Moore knew perfectly well that Hubbert was getting under their skin. "We're just going to play so hard they will want to quit," said Moore. "We'll make 'em quit — simple as that."

On the first play of the second half, MAG had something up their sleeve. A counter play gave their halfback, "Wheels" Wheelous the ball, and he was able to run 65 yards for the touchdown. The point after touchdown was good, and the Bandits were now on top 9-2 at the start of the second half.

The Bandits continued to stop 1/12, and though Hubbert was getting some yards running, when it counted, the Bandits were able to step it up and stop him, forcing the punt. On their first down of the new possession, quarterback Gabriel Mallery tossed a long bomb to wide receiver Carlos Coker along the sidelines for their second touchdown, to put the score at 15-2. Again with a successful PAT, the score was 16-2 going into the third quarter.

On one of their last chances to even up the score, the 1/12 Bulldogs tried going to the air, but free-safety Kenson Christon wasn't having any of that, when he laid a huge hit on Bulldogs receiver, Carlisle, just as he touched the ball for a near reception.

"That's what he does," said Bandits players on the sidelines. "That's what number ten is all about right there!"

After a missed MAG field goal, 1/12 once again had the ball and once again tried to go to Christon's side of the field — this time it was picked off. Mallery tried the route to Coker one more time, but this time Bulldog cornerback, Miner, was there to return the favor — intercepting the would-be touchdown pass.

With under two minutes to play, 1/12 was obviously out of options through the air, as Hubbert was given the ball time and time again for their last drive. Though he kept the ball moving, it wasn't moving

fast enough, as the lights went out and the game was called at 16-2, MAG-24 Bandits. "This was a good game," said Willis, "but next week's game against Headquarters should be interesting. It's always great to match wits against the best coaches in the league."

Below — On what seemed to be a quarterback keeper, Mallery (left), flicked the ball to halfback "Wheels" Wheelous for a big gain late in the game. Though the play was called back for clipping, it was one example of the superior running game of MAG-24 Monday night.

Bottom — Wheelous sprints down the sidelines for his touchdown run as a 1/12 Bulldog dives for a last attempt at stopping him before he crossed the goal line to break the tie. Bandits running backs, Wheelous, Eric Delgadillo and Victor Curly helped determine the outcome of the game, Monday, in defeating 1/12 on the ground. Though the Bulldogs have possibly one of the most skilled halfbacks in the league, he couldn't outperform the combined abilities of the three MAG backs.



Sgt. Joseph A. Lee



Sgt. Joseph A. Lee

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SPORTS AROUND THE CORPS

Soccer pro, Kailua native, follows father’s footsteps as Marine pilot

Lance Cpl. Lendus B. Casey
MCAS Iwakuni

MARINE CORPS AIR STATION IWAKUNI, Japan — A cry of cheers filled the stands as Kyle H. Ditto and his team ran on the field at their high school championship soccer game, one of the many memories from Ditto’s younger years.

During his high school career Ditto took his team to the state championship and was named most valuable player. He was also ranked 15th in the nation by “USA Today.”

Even though playing in his high school championship was his greatest memory, it wasn’t his greatest achievement. Now, Ditto continues to play soccer for fun, while serving as a Marine captain with Marine Fighter Attack Squadron 212.

“When you watch him play soccer with his Marines, you can tell he’s the best player out there and that he is just holding back to give the other guys an opportunity to score. He definitely knows the game of soccer,” said Lt. Cmdr. Brent D. Johnson, Marine Aircraft Group 12 chaplain.

After his high school fame, Ditto went on to play for the Chico State University Wildcats. But even college wasn’t able to quench his love for the sport. While playing for the Wildcats, Ditto also got a chance to play for the Shasta Scorchers a professional soccer team in the United Soccer League.

“At that level you’re so into playing soccer with your teammates your adrenaline is going crazy, just like someone jumping in an F/A 18 for the first time,” said the blue-eyed surfer.

For some, going from being a hero on the field to being a hero in the Corps is a hard choice to make. For Ditto, it was destiny.

“When I was in my junior year of college, I got my leg broken pretty bad after this big guy tackled me late,” said the 30-year-old, Kailua, Hawaii native. “After that, I pretty much lost my edge for the sport of soccer.”

Ditto’s athletic career ended the same way people see in most dramatic sports movies. The doctors said the one thing no sports lover wants to hear in their life, “I’m sorry but you will never be able to play again.”

CHEESE, From C-3

there, the opportunity to go pro may not. The 6-foot-tall Punahou High School student is a top-notch golfer, but that may not always be the case.

The chance of a career-ending injury are all but none on the golf course, but ahhh, “stuff” happens. People get into accidents, they get sick, they get eaten by giant crocodiles.

It just seems like a fabulous idea to me for Wie get rich while she can and spend the rest of her days in a happy, greenback induced stupor.

Bottom Line:
She’s playing golf anyway; she might as well get paid for it.

SARGE, From C-3

ing that imposing an age limit in the NBA would be “racist,” but his ignorance is another Bottom Line altogether.

Bottom Line: To date, most of the NBA pros drafted straight from high school have been complete busts, and if Wie, in the LPGA, were to fall on her face — what would she do without a college degree? I’m sure the people of Hawaii would pay her way. She could always get a sponsorship from Taco Bell and Pizza Hut to pay her way at Hawaii Pacific University (e.g. Jasmine Trias). Maybe we’ll even see her trading cards at Taco Bell some day? Sarge says: “Wie needs to stay in school!”

But life for Ditto wasn’t over just because his sports career was. After finishing his last year at Chico State, he decided to follow in his father’s footsteps and become an officer in the United States Marine Corps.

“When you have a guy that started his life playing soccer and ended up being a fighter pilot, that’s quite an achievement,” said Chief Warrant

lot of the time flying, soccer was a good way for Ditto to bond with his mother.

“Essentially when I was four, my mom coached my first soccer team. Ever since then I played all year-round ‘till I turned 23 and joined the Marine Corps,” said the 6-foot-1-inch Marine.

Being a professional player can give anyone a boost of confidence in their lives.

“The one thing that stands out about Ditto is his confidence. He just always seems comfortable, no matter what he’s doing,” said Johnson. “I also think the fact that he had various opportunities to do other things in his life, and yet he chose to follow in his dad’s footsteps, is amazing.”

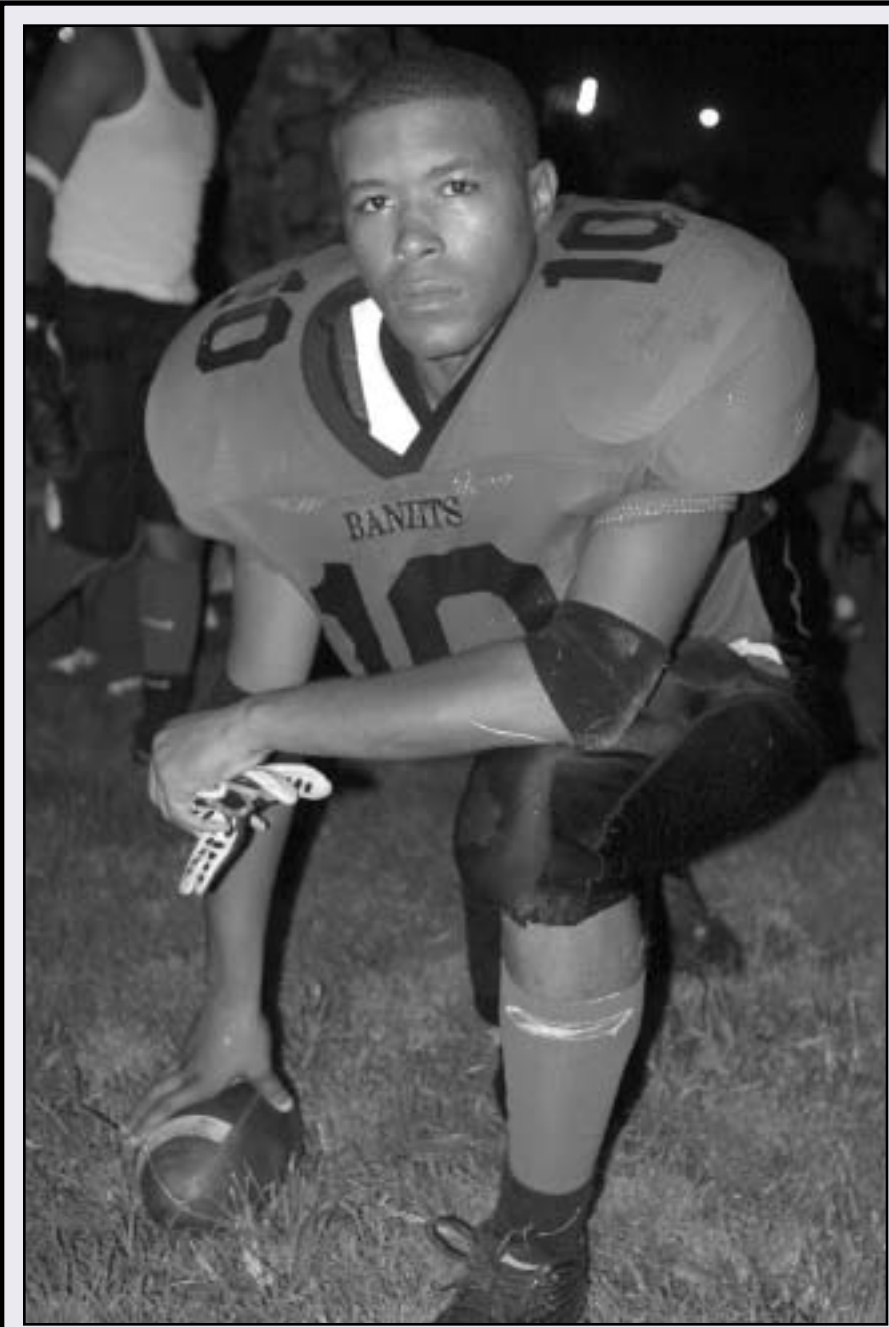
“I have no complaints in my life about getting hurt and joining the Marine Corps,” said Ditto. “My mom always says things happen for a reason. Even though at the

time it was a crushing blow. Honestly, I am just glad I can serve my country.”

Capt. Kyle H. Ditto, Marine Fighter Attack Squadron 212 pilot and airframes division officer, moves in a blur of motion as he demonstrates jump kicking a soccer ball. The Kailua, Hawaii native’s athletic career ended the same way people see in most dramatic sports movies. The doctors said the one thing no sports lover wants to hear in their life, “I’m sorry but you will never be able to play again.”



Lance Cpl. Lendus B. Casey



Sgt. Joseph A. Lee

Hawaii MARINE

MVP

#10 – Kenson Christon

Position: Free Safety

Unit / Team: MAG-24 Bandits

Jersey Number: #10

Game Statistics: Four tackles, three broken-up passes, one interception.

School: Hernando High School

Hometown: Hernando, Miss.

Branch of Service: U.S. Marine Corps

Accomplishments: All-district defensive player, when he played high school football. Christon got his speed and agility as a defensive back from playing high school football as a quarterback and a free safety.

Quote: “I’d like to tell all the wide receivers in the league to bring it, if you think you’ve got it. Headquarters Battalion thinks they have speed, but we’ll just have to see about that on Wednesday night.”

IN-LINE, From C-1

around a bit so that they could work on their control during the game,” said Windward coach Les Kelly.

The Flyers began to fight back defensively with several blocked shots, but couldn’t block the quick shot by Larson off a Bryan McGuinness feed. As both teams wrestled for control of the puck through the remainder of the half, the Flyers snuck in an unassisted goal to make the score 5—1 going into halftime.

“The Midget division players have been around a long time, so they know how each to play with one another, and are coming together well so far in the season,” said Kelly.

Kyle Bagwell fired in the first goal of the second half, assisted by Chang and Whitty, and just 13 seconds later, Larson delivered another score, assisted by Nick Watson. McGuinness claimed the eighth goal, unassisted, and the final strike came from Watson with just one second remaining in regulation time, ending the game at 9–1, Windward.

In the Squirts division, the K-Bay Hammerheads lost to the New Hope Flyers 6–1, after some key individual efforts from New Hope defender Aaron Atmospera and Nicolas Lee, who each had two unassisted goals.

During the Squirts matchup, neither team had any obvious control of the game, as both goaltenders fended off equal shots on goal. Atmospera was the first to strike for New Hope, and six minutes later, Hammerhead Brandi Kaiahua fought back with a goal to tie the game, assisted by forward Matthew Puleo. Just seconds before the end of the half, Natasha Statman of New Hope slipped in a score, and the teams went into halftime with New Hope clenching the lead, 2–0.

According to Kelly, some of the older kids in the sport get involved with teaching, coaching and reffing the younger kids games.

“I think it’s great, cause it gets them into that maturity stage, and the younger kids really take a lot from it,” said Kelly.

In the second half, It was Lee, unassisted for the following two goals, and K-Bay couldn’t get one to drop. After Statman put another one away, this time assisted by Jonah Wasuru, K-Bay was trailing 5–1, and couldn’t seem to get past New Hope goaltender Kailee Luke. At the end, it was Atmospera who put the sixth goal in for New Hope, and the game was over.

“If you build it, they will come,” said Oahu Inline Hockey League Director Russel Luke at the game. “This new rink is going to allow this sport to grow exponentially, and hopefully more and more children and parents will come to learn the sport of hockey on a rink where the sport was intended to be played.”

This Saturday, K-Bay and Windward teams will be defending as the home team, as they host East Oahu for games throughout the morning. Parents, friends and spectators are invited by Luke and Kelly to come cheer on the K-Bay and Windward teams as they continue through the fall season of the Oahu In-Line Hockey League.



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Boxing returns to Kahunas Oct. 8

Cpl. Michelle M. Dickson
Combat Correspondent

As hundreds of eager fans fill the stands for the beginning of football season, few may realize that another huge sport has begun again here on Marine Corps Base Hawaii, Kaneohe Bay. It is once again the season for boxing, and there are quite a few new faces to be added to the Fighters Unlimited team, here on base.

“We have a lot of new people added to the team this year,” said Jack Johnson, coach. “The new guys that commit to the training and stick it out have really great potential.

“Boxing is a weird sport,” he admitted. “Anyone can quickly realize if the sport isn’t right for them.”

Johnson, an avid boxer for many years, has been coaching the K-Bay team since 2000. While he is deployed, his wife helps keep the team going strong.

The next event that will take place for the team is scheduled for Oct. 8 in the Ballroom of Kahuna’s Sports Bar & Grill. The doors will open at 6:30 p.m., and all are welcome to attend.

“I love the sport of boxing, and I always have,” admitted the Kansas City, Mo. native. “I think this sport is something that Hawaii and the base really needs. Plus, it gives the Marines a good outlet.”

Tucker Stokley, antiterrorist instructor at Ford Island, has been boxing for only six weeks, but his Oct. 8 fight will be his second one. He was victorious in his first, which occurred only two weeks after he began boxing.

“I was pretty nervous before the fight, but I started seeing a lot of my friends there, and it calmed me down,” said the Houston, Texas, native. “Once the bell rang, I started to really focus on hitting, and not getting hit.”

See BOXING, C-8



Cpl. Michelle M. Dickson

Kevin Nardi, a mechanic with CSSG-3, punches a speed bag during training. The next fight will be held at the Kahuna’s Sports Bar & Grill Ballroom on Oct. 8.

BOXING, *From C-7*

The 25-year-old said he’d always been too busy in the past to fight but had always been interested in boxing.

“I had always wanted to box, but never really had the time between going to college and then joining the Marine Corps,” said Stokley. “I finally got the chance, and I’m really happy I did. I see myself doing it for a long time to come.”

Fabian I. Long, a Corporal’s Course instructor, has been boxing on the team for more than a year. His first fight will be Oct. 8, and he said he thinks he is well prepared for it.

“I train a lot, so I’m not really nervous about it,” said the St. Petersburg, Fla. native. “The most difficult part about it seems to be just to find enough time to rest between training and work. It seems like there’s never enough time for sleep.”

Johnson said he hopes that everyone comes out to support the boxing event, because the fighters train so hard and deserve the support of the base.

“These boxers go above and beyond the call of duty. They work long hours during the day, and still have the dedication to come out here at night and train,” said Johnson. “People need to stop what they’re doing, and give boxing on K-Bay the support it needs.”



Cpl. Michelle M. Dickson

Tucker Stokley, anti-terrorist instructor, Ford Island, stands in the new K-Bay boxing gym where he works out. Stokley won his first match after training for only two weeks.

Being physically active can keep you healthy

Press Release

Department of Health and Human Services

Fitness problems such as obesity and being overweight have reached truly epidemic proportions in the United States. In the last 10 years, obesity rates have increased by more than 60 percent among adults. In 1999, 61 percent of the adult population was either overweight or obese. The obesity epidemic impacts other diseases as well. For example, the incidence of type 2 diabetes, a major consequence of obesity, is on the rise. Among U.S. adults, diagnosed diabetes increased 49 percent from 1990 to 2000.

The rate of increase in overweight young people has been even steeper. This is particularly troubling, since many of the behaviors that lead to adult obesity are established during childhood. Just 10 years ago, type 2 diabetes was virtually unknown in children and adolescents. Indeed, the medical community commonly

referred to the condition as “adult onset diabetes.” Today, it accounts for almost 50 percent of new cases of pediatric diabetes in some communities. Medical complications associated with obesity in children can lead to hospitalizations for type 2 diabetes, sleep apnea and asthma. Since 1980, the percentage of children who are overweight has nearly doubled, and the percentage of adolescents who are overweight has nearly tripled. Almost nine million young Americans, or about 15 percent of all children, are overweight.

Americans, young and old, should incorporate regular physical activity into their everyday lives. This does not necessarily mean joining an expensive gym or committing to a rigorous exercise or training routine. It is sufficient to choose activities that fit into your daily routine that speed your heart rate and breathing, or increase your strength and flexibility. Examples include walking to work, gardening, taking

extra stairs, or mowing the lawn with a push mower. Besides building strength and aerobic fitness, regular exercise relieves stress, provides motivation, promotes relaxation and facilitates sleep. Such activity reduces the risk of dying of coronary heart disease and decreases the risk for colon cancer, diabetes and high blood pressure.

Regular physical activity is important throughout life. Healthy lifestyles are more influential than genetic factors in avoiding deterioration traditionally associated with aging. The growing number of older Americans places increasing demands on the public health system and on medical and social services. Currently, almost one-third of total U.S. health care expenditures are for older adults. These expenditures are largely due to treatment and care of chronic diseases, and the cost associated with many of these conditions could be reduced through regular physical activity.

For children, almost any physical activity is

sufficient as long as they are moving. Playing actively or participating in athletic or physical fitness activities during school, running, biking, jumping rope and dancing—instead of watching television or playing video games — all provide children with the kinds of activity they need.

